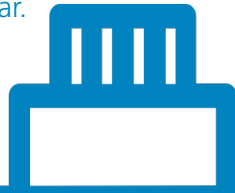


School Nurse Statistics from 2017-2018

- Dare County students visited the schools nurses at total of 36,551 times this school year. That is just over 20 visits a day for each school nurse during the school year.
- Following an assessment by their school nurse, 94% of students who visited were healthy enough to return to class.
- Dare County school nurses performed over 2,000 vision screenings and referred close to 200 students who were in need of a more thorough eye exam from a doctor.
- Emergency illnesses and injuries require either a call to 911 or immediate medical care. Dare County school nurses responded to 105 emergent situations in the schools this year.
- Just over 11% of the Dare County student population (over 550 students) has a chronic condition that is managed by the school nurses while the students are on campus.



Hurricane Preparation & Your Child

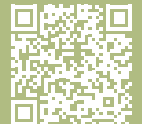
Our hurricane season runs from June through November, so even after school starts, the potential for hurricanes making landfall exists. Before a storm is on the way, teach your child how to prepare - especially your high school student - they will soon be on their own and will remember the lessons you teach them now.

Three Steps To Personal Preparedness

1. Get a Kit (food, water, cash, medication, and other supplies to last 3 days)
2. Make a Plan (make an evacuation checklist and a list of emergency contacts)
3. Stay informed (Dare Co website, Emergency Mngt Hotline, or local radio)

Tips for Parents:

Plan for Parents:



Flu Vaccination

While school is just starting and we probably still feel like we're on the edge of summer, flu season is fast approaching. Area flu clinics usually start in the early fall months, around September or October. Keep your ears open for available times or speak with your family doctor, especially if you or your child has a chronic condition such as asthma or diabetes. For more information visit:



Know the Signs of a Concussion

We tend to think of concussions as a contact sport injury. According to the CDC, in 2013, close to half of traumatic brain injuries requiring a hospital visit were caused by falls. We are all susceptible to a fall and that is why it is important for everyone to know the signs of concussion. To Know the Signs visit:



Vision Screenings

During the fall months, DCS Nurses will routinely perform vision screenings on students in 1st, 2nd, 4th, 6th, & 8th grades. If your child receives a referral from the school

nurse, please have your child evaluated by a doctor. Financial assistance is available; speak with your school nurse for more information visit:



Dare County's School Nurses Elementary Schools

Cape Hatteras Elementary
Jennifer Scott
252.995.6196 x3606

First Flight Elementary
Anna Miller
252.441.1111 x2062

Kitty Hawk Elementary
Laura Youmans
252.261.2313 x1625

Manteo Elementary
Michelle Coley
252.473.2742 x1406

Nags Head Elementary
Betsy Robinson
252.480.8880 x1806

School Health Supervisor
Jodi Wyant
252.473.5549 x1207

Did you know that healthy children learn better?

Dare County offers a Coordinated School Health Program to its students through a partnership between Dare County Department of Health & Human Services and Dare County Schools. As a part of this program, School Nurses are stationed at each Dare County School.

Adverse Childhood Experiences and Resiliency

There is a lot of buzz in our local community and the nation about ACEs or Adverse Childhood Experiences. ACEs are those experiences that occur during our childhood which can affect our long-term physical and mental health due, in large part, to chemical changes in our body. ACEs can be broken down into three categories: abuse, neglect, and household challenges. Because of this research, we can now predict negative outcomes as a result of these adverse events during childhood. As individuals and as a community, what we can predict, we can prevent.

ACEs can have lasting effects on...



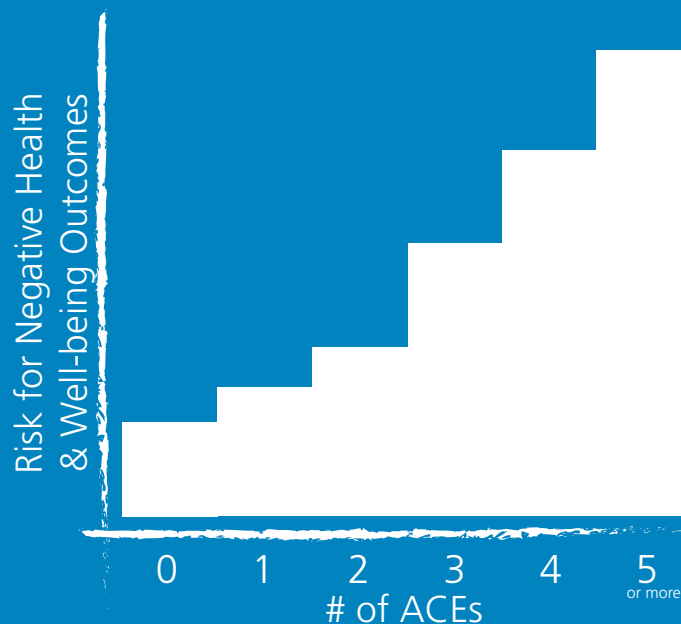
Health (obesity, diabetes, depression, suicide attempts, STDs, heart disease, cancer, stroke, COPD, broken bones)



Behaviors (smoking, alcoholism, drug use)



Life Potential (graduation rates, academic achievement, lost time from work)



For more information, visit:



Follow "Be Resilient OBX" on Facebook



County of Dare

Department of Health & Human Services

P.O. Box 669 | Manteo, NC 27954

Health 252.475.5003 | Social Services 252.475.5500 | Veterans Services 252.475.5604 | darenc.com/hhs
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